

24/7 Crisis Services ~ 2016

463 people seen in crisis
(outside normal business hours)

473

Patients received services at St. Catherine Hospital Behavioral Health Services Unit

Average daily census of 7

Children's Haven House

59 Kids served in Crisis versus Hospitalization

149 PPC & displaced Foster Care Kids
(a wonderful service for kids in our State)



SUPPORTED EMPLOYMENT

68 clients engaged in services

30 clients secured employment

Ready.... Set.... **WORK!!!!**

210 Staff employed with Compass

Region I: 117

Region II: 56

Region III: 19

Region IV: 18



1 in 4

people will experience a mental health issue in their lifetime

Region I: Finney, Hamilton & Kearny Counties

Region II: Ford, Gray & Hodgeman Counties

Region III: Grant, Morton & Stanton Counties

Region IV: Scott, Greeley, Wichita & Lane Counties



Charity Write Off 2016:

\$ 705,000

Bad Debt Write Off 2016:

\$393,000



2427

people trained in Yellow Ribbon

616 hours

Adult & Child Telepsychiatry Services

Lisa Southern, LMLP, LCP

Executive Director

Annual Report for 2016



“We cannot become what we need to be by remaining what we are”

Compass is an ever-evolving agency that I am so proud to have been selected to lead. When I look back at my start with Compass in 1994 and see where we are today, it is phenomenal. In this past year, we have excelled with:

1. Access to services ~ The ability to see a therapist within a day or two of the first call and the ability to have a first appointment with a member of our medical team within a week is unheard of in most medical practices.
2. Our increased collaboration with so many partners in all 13 counties serves all of our communities well.
3. Outreach and increased awareness of early warnings signs of the need to seek assistance for a behavioral health condition is on the rise in all of our communities. The cost of an untreated behavioral health condition is so much more than seeking treatment when these early warning signs emerge. I was recently at a conference where it was stated that every dollar spent on behavioral health treatment saves \$7 ~ cost shifting ends up in jails/prisons/detention centers, private or state hospitalizations, unemployment...and the list goes on.
4. Finance management ~ we have our good years and our not-so-good years financially and this has taught us to be efficient. We are a good steward of every dollar earned. Our services have not suffered ~w e have not had to significantly reduce any form of treatment a client may need. Where I fear we see it the most is in our inability to fully compensate staff for their contribution to our success.

I am excited to work hard and watch Compass continue to learn and grow over the years. We are trailblazers. We may hit some rough patches, as we have before, but we are leaders, we are strong, we care about people and their wellbeing, and we will continue to thrive.



Healthy Minds. Healthy Lives. Healthy Communities.

~ It Takes Teamwork to Make the Dream Work ~

Our Management Team + 200 other people who make a difference every day !

Jamie Warren, CPA
Director of Finance
12 Years



Catherine McMillen
HR Director
15 Years



Ryan Kimbrel
IT Director
16 Years



Marla Lira
CBS Director
33 Years



Khristy Guebara, APRN
CSS Director
14 Years



Megan Garcia, LCSW
Region I Director
6 Years



Vicki Broz, LMSW
Region II Director
16 Years



Missi Martinez,
Region III Director
4 Years



Angela Woelk, LMSW
Region IV Director
New to Compass



No Compass report for 2016 would be complete without a tribute to Ric Dalke and his 38 years with our Agency

Ric's contribution to Compass will be present for years to come. Ric will be missed by all. He was always very kind, walked through all of our halls with a smiling face and open ears to listen to feedback of staff, clients and our communities. He is an excellent voice of behavioral across the State of Kansas. His connections have helped Compass gain recognition as the excellent behavioral health center we are today.

Best wishes Ric !



Dodge City Community Support Services Client ~

“Sam” is a super awesome guy whose story from the last year is:

“Sam” was living in a shed on his family farm. His father died and he was left all alone in a very remote location. The family was selling the farm and expressed a wish to live in town. With our Compass Housing Program, he was approved for the Tenant Based Rental Assistance Grant. He was able to move in to town and no longer left to live in a cold and isolated shed. He finally had a place to call home. He was then able to feel better about himself and express an interest in seeking out employment to supplement his limited Social Security Disability income. Sam applied and interviewed at many places and was eventually hired to work at McDonalds. He was so excited to get back in to the workforce and start making it on his own. With the help of his Supported Employment Specialist and his Peer Support Specialist, Sam has maintained employment His anxiety and anger get in the way at times but his Treatment Team jumps in to give him tools to remain successful.



“We have been in four different cities with Mental Health services; you are by far the most excellent, outstanding, and wonderful. You go above and beyond! Never had better support even in Metropolitan areas. We’re given options of different services, not just changing his meds all the time. My brother’s support is excellent; he is very happy and loves the classes he attends. It helps him stay involved and socialize. I would volunteer to speak to the commissioners on your behalf.”

~ Testimony from the sister of one of our DC-CSS clients

Garden City Community Support Services Client ~

“I’ve been able to set boundaries with difficult people in my life. I’ve learned to become more assertive and get my needs met. I have also increased my self care and improved my hygiene dramatically. All of these things allowed me to **flourish** and **grow** and **be successful** with my family, friends and in my place of work.

** This client has now had 3 years of successful and continuous employment with a large local retail chain with the help of CSS and our Supported Employment Program*

8 year old female :

This 3rd grade student was struggling in school and was continually running away from school. The school district changed schools to see if this might help. At her new school, this same behavior continued. At one point she ran out of the school and in to traffic and was nearly hit by a car. The school was scared for her safety and referred her to Compass. Mom brought her in and we discovered she was struggling with **separation anxiety**. One issue was that she had developed no relationship with anyone at school and was scared of the school staff. We worked with a Para on building a friendship with her. We also had dad start dropping her off at the back of school. We created a diversion for her so that when she first entered the classroom, she would take a book to the teacher – this helped her not focus on going to school and made her feel like she was doing something important upon arrival. Eventually, this paid off and she is now able to stay in school and actually reports that she loves being in school.



“My case manager makes me feel like I’m important. She helps me feel that everything is going to be alright. Sometimes I tell myself that I don’t want to be here (in my life) but my case manager helps me see that there are ways to solve things and get through them and that I’m not alone. I look up to her. Compass is great. I can finally open up with someone without them judging me. I have someone who understand my pain.”

~ 15 year old female

Parent Update:

“My son is 17 years old and Autistic. He struggles with math and has been working on his “Life Skills Math” with his Mental Health Assistant. They count play money and count change back and play a form of Monopoly to do this. He sometimes is not very cooperative with his Mental Health Assistant but she never gives up on my son. The other night we were talking about money at home and my 2nd grader wanted to know how much change he would get after buying something. My 17 year old piped up and told him the correct answer and honestly, we were all shocked. What I learned from this is that **he can understand and he does listen**. I appreciate the work Compass does with my son.

Lisa’s Moment in Time Saturday April 8th On Call

I was scheduled to appear at the RoadRunners Suicide Awareness Walk in Syracuse. The event was at 2:00PM. I called the Organizer at noon to let her know I would be coming but would arrive late due the high volume of on call crises.

When I arrived at the event, about one hour late, **I had completed crisis assessments on 4 people with suicidal thoughts in less than 14 hours**. We discussed how ironic it was, given the meaning of the Walk and the high need for awareness of suicide warning signs and seeking help when needed

**Compass is always available
24/7 for this Service.**



Face Book Posting:

“Every Tuesday evening I attend a parent support group at Compass. Lots of reading, discussion, information...My goal is to try and to find one thing each night that I can apply in our relationship to help my son. Tonight: It was like a flashing light! I heard this loud and clear! WE MUST CONSTANTLY LOOK FOR OPPORTUNITIES TO HELP THEM SUCCEED! Amen.



2016 Compass BH Income

